### Major Sites for Resources and References on the WEB

### Disclaimer

This document has been prepared by the Center for Deployment Psychology as a service for training participants. All of the links to sites or services are provided solely for your convenience. The presentation of these links is not an endorsement of the information, products, or services provided by such sites. The Center for Deployment Psychology does not exercise any editorial control over the information you may find at these locations.

### **Center for Deployment Psychology**

www.deploymentpsych.org

### **Real Warriors Program**

http://www.realwarriors.net/

### After Deployment

www.afterdeployment.org

The Deployment Health Clinical Center- official site with extensive up to date information on PDHA and PDHRA and other health relate issues.-excellent reference www.pdhealth.mil Post Deployment Health Reassessment Forms, Guidelines and Resources – Service-wide http://www.pdhealth.mil/dcs/pdhra.asp VA/DoD Clinical Practice Guidelines at Deployment Health Clinical Center http://www.pdhealth.mil/clinicians/va-dod\_cpg.asp

### Force Health Protection & Readiness Policy & Programs- official site

http://fhp.osd.mil/pdhrainfo/links.jsp http://deploymenthea;thlibrary.fhp.osd.mil/ .PDHRA for U.S. Army Soldiers and Commanders http://fhp.osd.mil/pdhrainfo/sm\_fam/sm\_fam\_Army.jsp

### **Defense Centers of Excellence**

http://www.dcoe.health.mil/Default.aspx

### **United States Army**

Comprehensive Soldier Fitness <u>http://www.army.mil/csf/</u>

Lifelines –official US Navy site-The information center for Navy members and their families-Answers for Sailors, Marines and Their Families and other information. http://www.lifelines.navy.mil/lifelines/MilitaryLife/Deployment/StressManagement/index.htm

# United States Navy - official Navy site

www.navy.mil

Air Force Crossroads- official US AF site www.afcrossroads.com/famseparation/guide\_sec01.cfm

Marines for Life- official USMC site

https://www.m4l.usmc.mil/

**U.S. Army-** This is an official site with a disclaimer that all links to non-U.S. Government sites or services are provided solely for the convenience of the user. Use of such links on this website is not an endorsement of the information, products, or services provided by such sites. For other than authorized activities, such as military exchanges and Morale, Welfare, and Recreation sites, the Department of the U.S. Army does not exercise any editorial control over the information you may find at this location. These links are provided consistent with the stated purpose of this DOD web site.

http://www.hooah4health.com/

### The United States Army- official USA site

http://www.army.mil/

**Military OneSource** –official site- is a web site and toll free call center that has information for all service members, single or married, and their families concerning health care, financial resources, family support and concerns throughout the deployment cycle.

www.militaryonesource.com

# National Military Family Association

www.nmfa.org

**Military Family Research Institute** at Purdue University- site links to valuable information /resources

Deployment Support Resources for single and married soldiers and extended family <a href="http://www.cfs.purdue.edu/mfri/pages/military/deployment\_support.html">http://www.cfs.purdue.edu/mfri/pages/military/deployment\_support.html</a>

**Military.com** began in 1999 and claims to be the largest military and veteran membership organization with 10 million members. They state that their free membership connects service members, military families and veterans to all the benefits of service — government benefits, scholarships, discounts, lifelong friends, mentors, great stories of military life or missions, and much more. Worth a visit. <u>www.military.com</u>

**The Military Child Education Coalition (MCEC)** is a nonprofit 501(c)(3) organization that promotes partnerships and provides for networking of military

installations and their supporting school districts. Their focus is to address transition and other educational issues related to the military-connected child, including active duty, National Guard, and Reserves. MCEC seeks to include all military installations, their supporting schools, concerned organizations, and caring individuals.

www.militarychild.org

**Military Student.ORG** is a Department of Defense official site with many resources: <u>Transition Toolkits</u>: The Department of Defense prepared these toolkits to help parents, installation commanders, and school leaders make the education transition for military children as smooth as possible.

Sesame Street Talk, Listen, Connect: These bilingual kits will help military families and their young children cope with feelings, challenges, and concerns experienced during various phases of deployment: pre-deployment, deployment and homecoming.

<u>Special Gift of SAT Software for Military Students</u>: Thanks to the generous donation by a group of professional football players, military families can obtain an SAT or ACT test prep software program worth \$199.

<u>Promising Practices</u>: An opportunity for state governments and local school districts to share programs, procedures, and practices designed to make transition from school to school more efficient, more effective, and less traumatic for students of military personnel.

www.militarystudent.dod.mil or www.militarystudent.org

The United States Coast Guard - official site

http://www.uscg.mil/

## **Reports referenced in Military Cultural Competence:**

Population Representation in the Military Services FY06 Report, Office of the Under Secretary of Defense, Personnel and Readiness. <u>http://www.defenselink.mil/prhome/PopRep\_FY06/</u>

Karney, B., and Crown, R. (2007). *Families Under Stress: An Assessment of Data, Theory, and Research on Marriage and Divorce in the Military*. Santa Monica, CA: RAND National Defense Research Institute. http://www.rand.org/pubs/monographs/2007/RAND\_MG599.pdf

Defense Manpower Requirements Report Fiscal Year 2008. Prepared by: Requirements Directorate Office of the Deputy Under Secretary of Defense for Program Integration. <u>http://www.defenselink.mil/prhome/docs/DMRR\_FY08.pdf</u>

## <u>Ethnicity</u>

http://www.blackmilitaryworld.com/

- Danieli, Y. (2007). Assessing trauma across cultures from a multigenerational perspective. <u>Cross-Cultural Assessment of Psychological Trauma and PTSD</u>.
  J. P. a. T. Wilson, Catherine So-kum. New York, NY, Springer Science + Business Media. **Part 1:** (pp. 65-89). xxvi, 405.
- Harris, J. J. and N. G. Jones (2007). African-American military service members and their families: A different environment. <u>Human Behavior in the Social</u> <u>Environment from an African-American Perspective</u>. L. See, A. New York, NY, Haworth Press: (2007). (2nd ed.). (pp. 133-150). xliii, 782.
- Lowe, T. B., J. G. Hopps, et al. (2007). Stressors experienced by African-American armed service personnel during the Iraq War. [References]. <u>Human behavior in the social environment from an African-American perspective</u>. L. A. See. New York, NY, Haworth Press: 519-542.
- Osterman, J. E. and J. T. V. M. de Jong (2007). Cultural issues and trauma. <u>Handbook of PTSD: Science and Practice</u>. M. J. Friedman, Keene, Terence M. and Resick, Patricia A. New York, NY, Guilford Press: pp. 425-446.

### Military Resources

AMVETS - <u>www.amvets.org</u>

Disabled American Veterans (DAV) - www.dav.org

Iraq Afghanistan Veterans of American (IAVA) - www.iava.org

Iraq War Veterans Organization (IWVO) - www.iraqwarveterans.org

Military Order of the Purple Heart - www.purpleheart.org

Paralyzed Vertans of America - (PVA) www.pva.org

Veterans of Foreign Wars (VFW) <u>www.vfw.org</u>

Veterans of Modern Warfare - www.modernveterans.com

### Services For Vets and Families

America Supports You - www.OurMilitary.mil

Black Military World - <u>www.blackmilitaryworld.com</u>

Coalition for Iraq and Afghanistan Veterns - www.coalitionforveterans.org

Coming Home Project - www.cominghomeproject.net

Family Assistance Network Coordinators - <u>www.calguard.ca.gov/readyfamilies</u>

Give an Hour - <u>www.giveanhour.org</u>

Helments to hardhats - www.helmetstohardhats.org

Hire Heroes USA - www.hireheroesusa.org

Military.com - www.military.com

Military Home Front - www.militaryhomefront.dod.mil

Military one Source - <u>www.militaryonesource.com</u>

National Veterans Foundation - <u>www.nvf.org</u>

Operation Homefront Operation Vets - <u>www.operationvets.com</u>

Patriot Guard Riders - <u>www.patriotguard.org</u>

Soldiers Angels - <u>www.soldiersangels.org</u>

Swords-to-Plowshares - www.swords-to-plowshares.org

T.A.P.S. - www.taps.org

The Soliders Project - www.thesoldiersproject.org

United We Serve - www.unitedweserve.org

Vets 4 Vets - <u>www.vets4vets.us</u>

Wounded Warrior Project - www.woundedwarriorproject.org