Team Highlights

1. **Community Outreach**
   Spread awareness of local and state mental health programs; as well as, local resources. Important messages, such as anti-stigma and community wellness, are promoted.

2. **First Onset**
   Funds are supporting services to individuals identified as having never previously received mental health treatment who enter our service system.

3. **Mentoring**
   Big Brother Big Sisters - 13 ongoing matched mentors with mentees.
   Camptonville Community Partnership - Goal is to connect youth to mentorship, skill building and employment opportunities. 399 Youth Participants in various activities.

4. **Recreation**
   Recreational opportunities to identified at-risk populations throughout bi-county area. To date have approved projects totaling $83,102 which will touch approximately 1838 youth.

5. **Strengthening Families Program**

6. **Aggression Replacement Training**
   A highly effective, research-based, approach for working with challenging youth. ART groups have been implemented at Sutter County Juvenile Probation department and Feather River Academy.

7. **Awareness through media**
   PEI publishes an annual news insert, for local newspapers, and quarterly newsletters with stories on suicide prevention, mental well-being, and stigma reduction.

**PEI’s Mission Statement**
Sutter Yuba Mental Health Services Prevention and Early Intervention Program provide a series of training and community program implementation and support designed to improve the overall well-being of our two counties. This is done through continued assessment of Sutter-Yuba’s unique regional and cultural needs; as well as, the regular input of community stakeholders. Prevention and Early Intervention’s underlying philosophy is to empower the community through a “help first” approach, reducing the future occurrence of suffering and need for a higher level of care.

**Vision Statement**
Our vision is the evolving creation of continuous support through social resources, and the increasing number of people empowered to utilize them, improving Sutter and Yuba County’s state of well-being.

**Listing of Resources**
- www.bbbs.org
- www.facebook.com/SYMHSPEI
- www.SuicidestPreventable.org
- www.EachMindMatters.org

For more information call
John Floe, MAOM
Prevention Services Coordinator
Sutter-Yuba Mental Health Services
530-674-1885 x 114

**Community Prevention**

- **Ethnic Outreach**
  1. Suicide Prevention Education for Spanish-speaking population
  2. Traditional Healer Program: A collaboration with traditional healers in the Hmong community and western medical processes. 10 traditional healers have graduated from this program.

- **Suicide Prevention in the Sutter-Yuba community**
  1. ASIST Training: Designed to help caregivers recognize the risks and learn how to intervene. PEI has trained the Sutter County Sheriffs Department, Probation, emergency nurses, among other community members. 11 trainings and 282 people trained.
  2. Safe Talk: PEI has trained 78 Community Partners

- **Suicide Prevention in Sutter-Yuba Schools**
  1. Signs of Suicide (SOS): Goal is to increase knowledge about suicide and depression increasing help seeking behavior in middle school students. PEI has brought this program to Mckinney Intermediate, around 300 students reached.
  2. Yellow Ribbon Suicide Prevention: Dedicated to preventing youth suicide and attempts through awareness, education, prevention and postvention. PEI has reached 8,300 students with this program in the Sutter and Yuba county high schools.

- **Mental Health First Aid**: Teaches factors and warning signs of mental health and how to connect them to the appropriate care. 10 trainings with 169 people trained.

Total Prevention & Early Intervention Community Outreach is 16,812 people reached